Authorisation for donation of body for anatomical examination

Thank you for expressing a wish to donate your body for anatomical examination, education, training and research after death. Your generous action is greatly appreciated.

This booklet contains detailed information as well as the forms you will need to complete should you decide to go ahead with donation. Please read this thoroughly as it is important that you understand this information before completing the forms. If you have any questions regarding body donation, please do not hesitate to contact us on the above telephone number.

On behalf of our staff and students, I would like to thank you for the contribution you are making to medical science. We depend very much on the generous action of people such as yourself for the continuance of medical education, although I trust it will be many years before a medical school benefits from your kindness.

Dr Tom Cosker  
HTA Designated Individual
Overview

Oxford University is regularly ranked as one of the top universities in the United Kingdom and our teaching and research in biomedical sciences is recognised as world-class.

The Oxford medical course places a very strong emphasis on academic and scientific aspects of medicine. We aim to produce doctors who are broadly educated in science and clinical practice, and whose clinical practice is informed by their scientific approach to medicine.

In order to provide this level of education, we rely on generous and public-spirited people who would like their bodies to be of use after their death. Donated bodies are a vital resource for teaching medical students about the structure and function of the human body, as well as being used to train a wide range of healthcare professionals and develop a variety of medical and surgical techniques.

Please note that donated bodies are not used for research into specific diseases. If you wish to donate your body to research into a specific condition, please contact the relevant research organisation or charity.

If you wish to donate your body to medical science, please read this booklet carefully and discuss it with your nearest relatives before signing the forms. By signing, you are offering your body to medical science. Because of the need to safeguard our staff and our students, we cannot ever make a commitment to accept such a donation until we have spoken with the medical practitioners after death. If there is a risk of contagious illnesses being passed to our staff or students, we will have to decline. A more complete list of exemption criteria can be found in the Frequently Asked Questions on page 4.
What to do at time of death: Procedure for Next of Kin or Executors

If the death takes place in a hospital
The hospital staff will arrange for the deceased to be taken to the hospital mortuary.

If the death takes place at home
Please contact a funeral director of your choice to collect the deceased and take them to their Chapel of rest.

In either case, the deceased will be kept under refrigerated conditions until the department is able to make a decision about the donation.

Please contact us on the next working day after the death
The department is open from 8.30am-2.00pm Monday-Friday. A voicemail is available outside of these hours. We will need to ask you details about the deceased, including the name and contact number for their usual GP. It will be helpful if you have this information to hand. We will then contact medical professionals who had been dealing with them before their death to make a decision as to whether we can accept or not. We have a 5 day period between the day of a death and being able to accept, in instances of Christmas and Easter periods, we would be unable to accept as the Department is closed.

You will need to make an appointment with the registrar to register the death
You will need to inform them of the potential for donation. You DO NOT need to wait until a final decision has been reached to do this.

If the donation is accepted
We will send you forms to complete. These will give you the opportunity to state your wishes regarding the eventual funeral. We will also ask for the original green form you receive when registering the death and a copy of the death certificate.

We will not normally contact you again after we receive these forms unless you request to be informed of and/or be present at the eventual cremation.

If the donation is declined
In some cases, Oxford is unable to accept a donation but another medical school can accept. If this is the case, you will be asked whether you would like us to pass the donation on to another institution. There is no obligation to do this. If the donation is passed to another medical school, they will ask for a contribution towards the cost of transportation.

If no medical school can accept, you will have to proceed with normal funeral arrangements. We regret that we are unable to make any financial contribution towards these private arrangements.
Frequently Asked Questions

What will my body be used for?

We primarily use donated bodies for teaching medical students about the structure and function of the human body. We are also finding that an increasing number of doctors, surgeons and other healthcare professionals are coming to us for specialised training courses.

Can I donate my organs as well?

We are not able to accept donations for anatomical examination if any organs have been donated for transplantation. It is possible, however, to remain on both registers to have the highest probability of helping someone after your death. Your next of kin would need to know which form of donation you wished to prioritise and make sure that both organisations were aware of this wish.

Are all donations accepted?

Sadly, we are not able to accept all donations and we cannot make a decision about acceptance until the time of death. If we are unable to accept in Oxford but believe that another medical school might be able to, we will ask your next of kin whether they would like us to pursue this as an option. If we are able to pass your donation on to another medical school, they will ask for a contribution towards the cost of transportation.

Because we can never guarantee to accept a donation, we strongly recommend making sure that your next of kin aware of your alternative wishes should we have to decline. This reduces any uncertainty at a difficult time.

Although not exhaustive, the following is a list of some of the disorders which may prevent us accepting a body for medical science:

- Post mortem examination
- Some infectious diseases such as hepatitis, HIV/AIDS, MRSA
- A recent diagnosis of dementia
- Open wounds on the body, such as those caused by bedsores, varicose ulcers or recent operations
- Severe peripheral oedema
- Severe arthritic deformity, such that the deceased cannot lie flat
- Donation of organs for transplantation
- Severe obesity
- Some forms of cancer
Am I too old?

There is no upper age limit on donation. Most of our donors are over the age of 50 and a large proportion are in their 80s, 90s or even older.

What if I move house?

In Oxford, we normally only accept donations from those with an OX, RG or SN postcode, as well as some areas of the HP postcode. If you move house but remain within this area, it can be helpful to send us a note alerting us to your new address but this is not essential. If you move into an area normally allocated to another medical school, your existing forms remain valid but the processes at the time of death may be simpler for your next of kin if you let us know and also contact the relevant medical school. Please call us on the number on the front of this booklet to find out which medical school is the most appropriate.

How do I withdraw consent?

Your consent can be withdrawn at any time. Simply notify us in writing and your form will be destroyed. Please ensure that you also destroy any copies you may have made of the form, to avoid any confusion for your next of kin.

What are the funeral arrangements?

The form we send to your next of kin or executor includes questions about what they wish the final funeral arrangements to be. The vast majority of families opt to have the medical school arrange and pay for the funeral, but it is possible to have a sealed coffin returned to the family for private funeral arrangements if they wish.

Families are given three options for their involvement in the funeral.

1. To receive no further communication regarding the funeral. Many families choosing this option have a private memorial service shortly after the death.
2. To be notified of the date and time of the cremation in advance but not to attend. Some relatives simply wish to spend a few moments in private thought at the relevant time.
3. To attend the eventual cremation. If this option is selected, we will contact the next of kin and find a date and time which is mutually convenient.

Families are also asked if they wish to have the ashes returned to them or to have them scattered in the garden of remembrance. This option is not available if they have requested not to be contacted again.

Funerals usually take place approximately three years after death but certain courses or procedures can result in the funeral taking place much sooner, sometimes within six months.

Can I have a green burial?

Unfortunately, due to the nature of the chemicals we use, bodies donated to the medical school are unsuitable for green burial.
The reason we have a list of conditions we usually don't accept is that some conditions make it difficult to carry out our embalming techniques. These include conditions such as oedema, some cancers and vascular disease, while others if potentially infectious cannot be taken for Health and Safety reasons. This however is not always the case and only counts for what we term our Anatomy Fix donors who we use for teaching our medical students and anatomists.

We also run surgical courses teaching all aspects of surgery from Ear, Nose and Throat surgery to colorectal surgery. We also run surgical skills courses teaching suturing, orthopaedic techniques, plastics reconstruction etc; these courses are of value to already qualified doctors looking to specialise in different aspects of surgery.

For these courses we do have more relaxed criteria although we still wouldn't take potentially infectious donors. We embalm these donors with what we term our surgical fix which unlike the anatomy fix which lasts for more than three years; surgical fix lasts for up to twelve months during which time donors may be used to teach on up to six courses, training doctors and surgeons in all aspects of Medicine and Surgery.

Our aim is to carry out the wishes of all our donors but sometimes it isn't possible to accept everyone. Please be assured we do our absolute best at the time of your passing and our staff are here to answer any questions or worries you may have, so please don't hesitate to contact our office if you need to talk to us.
Notes on Completing Body Donation Consent Forms

Which option should I choose?

You have two options for how long your body may be retained by the medical school:

- For an indefinite period. This gives the medical school the maximum flexibility in the use of your donation. If you select this option, there is no legal limit on the length of time a donated body or body parts may be used. You should be aware that, in almost every case, anatomical examination is completed within 3 years and the body released during this time.
- For a maximum of 3 years.

Under certain circumstances, it can be useful for the medical school to be able to retain small parts of some donated bodies because of their particular value in medical education. If you would prefer the funeral to take place within three years but are happy for us to keep such samples, please tick option A on the form.

If you would prefer that no part of your body be retained for longer than 3 years, please choose option B.

It is often useful for the medical school to prepare images of parts of your body for teaching, training or research purposes. You would not be identifiable in these images. Please tick option 2 if you are NOT happy for us to prepare these images.

Witnesses

Please complete and sign both copies of the consent form in the presence of your witness. Your witness can be anyone of your choosing, including spouse, next of kin, friend, neighbour, health professional etc.

What to do on completion of the forms

Please send the **BEQUEST OFFICE** copy of your form to us at the address on the front of this booklet. Keep the remaining form in this booklet somewhere convenient for your next of kin. They will need to refer to it when the time comes.
DONOR COPY

Part A: to be completed by person making donation

Title: ____________________ Surname/family name:______________________________

Forename(s) ____________________

Address ________________________________________________________

Postcode _____________ Tel no _______________________________________

Date of birth ____________ Religion/faith group (if applicable)_________________

Email address (if applicable) ________________________________

Approximate height: ___________________________________________

I WISH TO DONATE MY BODY AFTER MY DEATH. I UNDERSTAND THAT IT MAY BE
USED FOR:

• ANATOMICAL EXAMINATION
• EDUCATION OR TRAINING RELATING TO HUMAN HEALTH
• RESEARCH IN CONNECTION WITH DISORDERS, OR THE FUNCTIONING, OF THE
  HUMAN BODY

Please tick as appropriate

1. ☐ I do not place any restrictions on the length of time that my body or body parts may be
   retained (if you tick this box, go straight to option 3, if not go to option 2).

2. ☐ No part of my body may be kept for more than 3 years.

3. ☐ * I consent to the use of images of my body or body parts. I understand that I will not be
   identifiable in these images and that they will be used for:
   • Education or training relating to human health
   • Research in connection with disorders, or the functioning, of the human body.
   *please see footnote

4. ☐ I give permission for my medical notes, X-Rays or Scanned Images to be accessed after
deadth.

5. ☐ I understand that while every effort will be made to carry out my wishes when the time
   comes, there is no guarantee that my bequest will be accepted.
PART B: witness declaration (signature of next of kin, executor, GP, friend, etc.)

I confirm that I have witnessed __________________________________________ (insert name of donor)

Surname/family name:__________________________ Forename(s):_____________________

Address:_____________________________________________________________________

Postcode:_______________________ Relationship to donor:___________________________

SIGNATURES to be signed and dated by both donor and witness in each other’s presence

Signature of Donor: __________________________ Date: ____________________________

Signature of Witness: _________________________ Date: ____________________________

Please give summary of any serious illness, injuries or operations you have had, giving the approximate dates of your treatment:

________________________________________________________________
________________________________________________________________
________________________________________________________________
________________________________________________________________
________________________________________________________________
________________________________________________________________
________________________________________________________________
________________________________________________________________

Do you have a pacemaker fitted? _____________________________________________

*Footnote
The taking and displaying of images (including photographs, films and electronic images) is outside the scope of the Human Tissue Act 2004; however, the HTA endorses the good practice principles set out in guidance issued by relevant professional and regulatory bodies. For further information, please refer to the HTA’s Codes of Practice, available at www.hta.gov.uk

Data Protection Declaration
By completing this form, and in line with the data Protection Act 2018, you agree to your personal details being stored by the University of Oxford and will not be shared with any other organisation unless we are required to do so by law.

For further information about how the University of Oxford stores and processes your personal details, and which third parties it is shared with, see the privacy notice at https://www1.admin.ox.ac.uk/councilsec/compliance/gdpr/universitypolicyondataprotection/

Complete both forms
Return one to The University of Oxford and keep the other with your Will or legal papers.
Part A: to be completed by person making donation

Title: ___________________ Surname/family name:______________________________

Forename(s) _______________________________________________________________

Address ___________________________________________________________________

Postcode ___________ Tel no _________________________________________________

Date of birth ________ Religion/faith group (if applicable)_______________________

Email address (if applicable) ________________________________________________

Approximate height: _______________________________________________________

I WISH TO DONATE MY BODY AFTER MY DEATH. I UNDERSTAND THAT IT MAY BE
USED FOR:

• ANATOMICAL EXAMINATION
• EDUCATION OR TRAINING RELATING TO HUMAN HEALTH
• RESEARCH IN CONNECTION WITH DISORDERS, OR THE FUNCTIONING, OF THE
  HUMAN BODY

Please tick as appropriate

4. ☐ I do not place any restrictions on the length of time that my body or body parts may be
   retained (if you tick this box, go straight to option 3, if not go to option 2).

5. ☐ No part of my body may be kept for more than 3 years.

6. ☐ * I consent to the use of images of my body or body parts. I understand that I will not be
   identifiable in these images and that they will be used for:
   • Education or training relating to human health
   • Research in connection with disorders, or the functioning, of the human body.
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   comes, there is no guarantee that my bequest will be accepted.
PART B: witness declaration (signature of next of kin, executor, GP, friend, etc.)

I confirm that I have witnessed ____________________________________________ (insert name of donor)

Surname/family name: ___________________________ Forename(s): ______________________

Address: ______________________________________________________________________

Postcode: ___________________________ Relationship to donor: ______________________

SIGNATURES to be signed and dated by both donor and witness in each other’s presence

Signature of Donor: ___________________________ Date: _____________________________

Signature of Witness: ___________________________ Date: _____________________________

Please give summary of any serious illness, injuries or operations you have had, giving the approximate dates of your treatment:

___________________________________________________________________________

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___________________________________________________________________________

Do you have a pacemaker fitted? ________________________________________________

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Complete both forms
Return one to The University of Oxford and keep the other with your Will or legal papers.